

What is claimed is:

1. An apparatus for limiting movement of a pillow relative to a bed comprising:
 - at least one flexible member engageable with the pillow; and
 - at least one weight suspended from an edge of the bed with the at least one flexible member.
2. The apparatus of claim 1 wherein the at least one flexible member is releasably engageable with the pillow.
3. The apparatus of claim 1 wherein the at least one flexible member further comprises:
a tube.
4. The apparatus of claim 1 wherein the at least one flexible member further comprises:
a string.
5. The apparatus of claim 1 wherein the at least one flexible member further comprises:
a plurality of flexible members concurrently engageable with the pillow and with the at least one weight.
6. The apparatus of claim 1 wherein the at least one flexible member is movably associated with the at least one weight.
7. The apparatus of claim 6 further comprising:
means for limiting movement of the at least one flexible member relative to the at least one weight.

8. The apparatus of claim 1 wherein the at least one weight further comprises:

at least one channel wherein the at least one flexible member is received in the at least one channel.

9. The apparatus of claim 8 further comprising:
means for closing the at least one channel.

10. A method for limiting movement of a pillow relative to a bed comprising the steps of:

engaging at least one flexible member with the pillow; and
suspending at least one weight from an edge the bed with the at least one flexible member.

11. The method of claim 10 further comprising the step of:
selectively spacing the at least one weight and the pillow with respect to one another along a length of the at least one flexible member.

12. The method of claim 10 further comprising the steps of:
defining a channel with the at least one weight; and
positioning the at least one flexible member in the channel.

13. The method of claim 12 further comprising the step of:
substantially covering the channel after the positioning step.

14. An apparatus for limiting movement of a pillow relative to a bed comprising the steps of:

first and second clips engageable with the pillow;
first and second flexible members engageable with respect to the first and second clips, respectively; and

at least one weight defining a shaft suspended from an edge the bed with the first and second flexible members.

15. The apparatus of claim 14 wherein the shaft further comprises: first and second channels wherein the first and second flexible members are individually positionable in the first and second channels, respectively.

16. The apparatus of claim 15 further comprising: first and second end caps individually positionable with respect to ends of the shaft to enclose the first and second channels, respectively.

17. The apparatus of claim 16 wherein the shaft further comprises: first and second retaining pins individually engageable with the first and second end caps, respectively, to limit movement of the first and second end caps relative to the shaft.

18. The apparatus of claim 17 further comprising: first and second stops individually engageable with the first and second flexible members, respectively, to selectively space the shaft with respect to the pillow.

19. The apparatus of claim 18 wherein the first and second channels open in opposite directions with respect to one another.

20. The apparatus of claim 18 wherein the first and second channels open in the same direction with respect to one another.